

HEALTH CARE RESOURCES for UN/UNDER-INSURED RESIDENTS OF FREDERICK COUNTY

This guide is intended as a quick reference for local services; for more specific information, consumers are encouraged to contact providers directly. All providers have access to multi-lingual interpreters if needed.

*****For additional referrals/assistance, call 2-1-1 from a land-line or 1-800-422-0009*****

FREDERICK COMMUNITY ACTION AGENCY (FCAA) 100 S. Market St. Frederick 21701

301-694-1506/TDD 301-662-9164 www.cityoffrederick.com/fcaa

Primary health care clinic- Access to Care Program - accepts uninsured children and adults with family income at or < 200% FPL (Federal Poverty Level); max. fee - \$5/visit; may be waived; Also serves adults/children who are homeless, enrolled in Primary Adult Care (PAC) or Medical Assistance (Priority Partners, MD Physicians Care, or Unrestricted MA); Medbank Program for prescription medication assistance

MENOCAL FAMILY PRACTICE 110 Baughman's Ln. Ste 140 Frederick, MD 21702 240-215-1138

Private physician's office - provides care to adults and children; sliding scale fees based on income; also accepts several Medical Assistance Managed Care Organizations (MCOs)

MISSION OF MERCY Various locations/limited days each month-Frederick, Brunswick, Thurmont

301-631-2670 Ext. 110 for appointments at above locations; www.amicionofmercy.org

Mobile health care clinic - provides medical, limited adult dental, and prenatal care at no cost; no eligibility process required; patient prescriptions also available

FREDERICK MEMORIAL HOSPITAL PRENATAL CENTER 400 West 7th St Frederick 21701 240-566-4444

Prenatal Services provided by Certified Nurse Midwives; births at FMH Birthplace by obstetricians; blood work, ultrasounds, monitoring of health conditions/baby's growth and well-being, pregnancy education and referral services; Accepts Medical Assistance; Self-pay patients welcome; financial assistance available

FREDERICK COUNTY HEALTH DEPARTMENT 350 Montevue Ln. Frederick 21702

301-600-1029 for information; 301-600-1041 dental clinic www.co.frederick.md.us/HealthDept

Various services available- cancer screening, family planning, pregnancy testing, immunizations for children, HIV testing, refugee/migrant health program; some services free/sliding scale fee based on income; mental health and substance abuse services- accept Med. Assistance; dental services for children-Med. Assistance/sliding scale; Gray Area Access Program-limited dental care available to low income adults without dental insurance provided in local dentist offices

FREDERICK COUNTY HEALTH ACCESS PROGRAM (FCHAP) 301-788-8592 for information or

www.co.frederick.md.us/healthaccess

Connects uninsured Frederick County children and adults, with incomes up to 250% FPL, with local health care services; participants must apply for the program and will be assisted with obtaining primary and specialty care and limited lab/diagnostic tests and prescriptions

MENTAL HEALTH SERVICES

Mental Health Association of Frederick County-Counseling Services 263 W. Patrick St. Frederick 21701 301-663-6135

www.fcmlha.org; Professional outpatient therapy services for children and adults provided without regard for ability to pay

Villa Maria of Frederick County-A Behavioral Health Program of Catholic Charities 112 E. 2nd St. Frederick 21701/

303 W. Lincoln Ave. Emmitsburg 301-898-7900

Outpatient counseling services for children and adults in various county locations regardless of religious denomination; limited sliding scale/subsidy available for families without insurance

Vital Sources, New Hope Program 10 N. Jefferson St. Ste 403 Frederick 21701 301-620-8700

Assessment and counseling for children and adults with various social/emotional/academic issues; fees are set; payment by sliding scale

Trinity Pastoral Counseling 703 W. Patrick St. Frederick 21701 301-662-8908

Individual, couple, family, & group counseling regardless of religious beliefs; payment by sliding scale or 3rd party

Pro Bono Counseling 877-323-5800

Provides referrals for free mental health counselors/therapists for individuals and families who are uninsured, underinsured, or have a low income; 28 clinicians in Frederick County available; no drug or alcohol abuse treatment

MARYLAND MEDICAL CARE PROGRAMS

Various state health care programs are available to US citizens/permanent US residence and meet income eligibility

PRIMARY ADULT CARE (PAC) covers primary health care, certain outpatient mental health services and prescription drugs for low-income eligible Maryland residents; applicants must be 19 years or older and not eligible for Medicare. Information at www.dhmf.state.md.us/mma/pac Applications also accepted at the Frederick Community Action Agency

MARYLAND CHILDREN'S HEALTH INSURANCE PROGRAM for uninsured pregnant women of any age and children under age 19; covers doctor's visits and hospital care, dental and vision care, and prescriptions. For more information about eligibility, the application process, and participating providers, contact: the Frederick County Health Department, 301-600-3348

MEDICAL ASSISTANCE FOR FAMILIES for parents and/or other family members caring for children who meet income eligibility requirements; covers primary and specialty care; hospital services and diagnostic tests, mental health services and some prescription medications; for more information, contact the health department at 301-600-3348 or call 1-800-456-8900; online at www.marylandSAIL.org

ADDITIONAL RESOURCES:

KAISER PERMANENTE BRIDGE PROGRAM

A health coverage plan for individuals/families not eligible for public programs (such as Medical Assistance and Medicare); provides comprehensive local care for a reduced monthly premium; income eligibility at or < 250% Federal Poverty Level; program participation is limited to total of 2 years; is ideally suited to someone who is between coverage or who will be able to obtain coverage prior to the expiration of this program; For application/eligibility information, call 301-600-1029

WWW.COVERAGEFORALL.ORG or 1-800-234-1317

A resource website which uses five simple questions to gauge a person's eligibility for public and private health plans open to those not covered by employers; information is organized by state of residence

PRESCRIPTION MEDICATION ASSISTANCE – For information on multiple resources to help with prescription medication costs, please refer to the Prescription Assistance Resource List found on the Frederick Health Care Coalition webpage <http://www.co.frederick.md.us/index.asp?NID=1936>